



# Askerrunden 2009



Klasse	Plass	Startnummer	Fornavn	Etternavn	Klubb	Tid
VC K30-39	1	201	Lisa Christin	Axman	BOC	1:33:48,09
	2	205	Cathrine	Bjørklund	SK Rye	1:41:19,33
	3	203	Celine	Monrad-Haslum	Ck Nittedal	1:48:17,53
	4	204	Lene	Østberg	If Frøy	2:03:22,76
		202	Line	Hoff	Lillehammer Ck	DNS
VC K40-49	1	213	Marion	Nilsen	Asker Ck	1:42:04,29
	2	214	Linda	Evensen	SK Rye	1:42:05,08
	3	211	Ine	Lindberg	Moss Ck	1:42:09,93
	4	212	Christin	Becker	If Frøy	1:45:42,15
VC K50-59	1	219	Sissel	Vien	Follo SK	1:36:47,55
	2	217	Ragnhild	Vilming	If Frøy	1:45:45,92
		216	Hallgjerd	Simonsen	Torshov SK	DNS
VC M30-39	1	12	Håkon	Renskoug	Kongsberg If Sykkelgruppe / Ko	1:39:53,63
	2	45	Sigmund	Aas	Torshov SK	1:39:55,31
	3	32	Børre Fjeld	Halvorsen	Frogner SK	1:39:55,92
	4	7	Vebjørn	Kvernerud	Ullevål SK	1:39:57,13
	5	25	Ole-Henrik	Hansen	Nes SK	1:40:00,28
	6	9	Thomas Johan	Myhre	Moss Ck	1:40:02,35
	7	34	Flemming	Kristiansen	SK Rye	1:40:06,62
	8	11	Øistein	Olsen	Raumer Rytter SK	1:40:09,58
	9	15	Ola	Østvold	Asker Ck	1:40:12,24
	10	47	Alexander	Wetland	Ullevål SK	1:40:17,55
	11	18	Alexander	Holm	Ullevål SK	1:40:28,75
	12	38	Per Øyvind	Alvim	Smaalenene SK	1:40:59,10
	13	2	Thomas	Andresen	Smaalenene SK	1:40:59,77
	14	53	Ian	Allan	If Frøy	1:41:00,76
	15	29	Per Christian	Mørk	If Frøy	1:41:00,83
	16	35	Kim	Riseth	SK Rye	1:41:02,43
	17	10	Morten	Mølmann	Ceres	1:41:06,20
	18	3	Lars	Billet	Moss Ck	1:41:06,59
	19	22	Trygve	Ulset	Asker Ck	1:41:06,92
	20	33	Sindre	Næss	SK Rye	1:41:07,35
	21	17	Marius	Råstad	Raumerrytter SK	1:41:08,56
	22	50	Robert	Corell	Asker Ck	1:41:08,77
	23	13	Hans	Røragen	BOC	1:41:09,12
	24	40	Trond	Rinnan	Stovnerkameratene	1:41:09,36
	25	41	Harald	Westby	Stovnerkameratene	1:41:49,18
	26	8	Terje	Mikaelsen	Asker Ck	1:43:47,59
	27	19	Truls Erik	Holm	SK Rye	1:44:04,11
	28	52	Audun	Bjørnfeld	Il Skarphedin	1:44:04,56
	29	46	Aslak	Berglund	Ullevål SK	1:44:28,10
	30	48	Amund	Riiser	Follo SK	1:45:15,00
	31	51	Tom	Moen	Raumerrytter SK	1:45:40,89
32	16	Svein Anders	Aarsbog	Moss Ck	1:45:48,13	
33	30	Thom Erik	Pape	Drammen Ck	1:46:06,52	
34	27	Eelco Van	Weerdhuizen	SK Rye	1:46:15,19	
35	5	Gudmund	Harlem	Boc / Team Milslukern	1:48:25,55	
36	20	Fredrik	Trygg	If Frøy	1:48:31,72	
37	31	Christian	Wiig	Asker Ck	1:48:34,55	

	38	14	Thomas	Torstveit	Ullevål SK	1:48:36,40
	39	21	Flemming	Pettersen	If Frøy	1:48:39,17
	40	39	Jan Vidar	Smenes	BOC	1:48:40,06
	41	49	Øyvind	Kværner	Ullensaker Ck	1:48:42,51
	42	44	Erik	Baardsgaard	SK Rye	1:48:46,44
	43	42	Tomas	Nydal	Stovnerkameratene	1:48:52,75
	44	6	Eivind	Karfjell	Asker Ck/team Sport 1 Sentrum	1:49:04,04
	45	26	Paal-Gunnar	Mathisen	Moss Ck	1:49:11,81
	46	43	Anders H.	Sætre	If Frøy	1:49:54,06
	47	37	Simen	Nordskog	SK Rye	1:50:01,06
	48	36	Kristian	Jørum	Asker Ck	1:59:35,46
	49	28	Andreas	Selvik	BOC	2:08:26,93
	50	1	Eskil	Amdal	Ceres	2:11:12,83
	51	23	Jacob	Fryklund	Arvika Is	2:56:32,16
		24	Henrik	Karlsen	Moss SK	DNF
		4	Thomas	Grønnern	Sarpsborg SK	DNF
<b>VC M40-44</b>	1	78	Jan Olav	Beitmren	Lørenskog Ck	1:40:55,74
	2	76	Geir	Kristiansen	Flora Ck	1:40:55,83
	3	87	Erik	Tjøtta	Frikransen	1:41:00,51
	4	86	Idar	Bækken	BOC	1:41:35,98
	5	74	Tom Rune	Lian	Trondhjems Vk	1:41:38,25
	6	75	Trond	Smogeli	Follo SK	1:41:41,20
	7	66	Ketil	Gromstad	SK Rye	1:41:46,92
	8	81	Roger	Rake	BOC	1:43:38,82
	9	77	Pål	Tangen	Ack	1:43:59,72
	10	88	Jon	Amundesen	BOC	1:45:45,83
	11	67	Bjørn Harald	Gudmundsen	Ik Hero	1:45:49,17
	12	82	Odd Willy	Brude	BOC	1:45:55,65
	13	68	Rune	Holden	SK Rye	1:45:56,16
	14	69	Cato	Rokne	SK Rye	1:46:04,77
	15	61	Bjørn Kåre	Amdal	BOC	1:46:07,90
	16	84	Anders	Christiansen	Follo SK	1:46:13,44
	17	64	Torstein	Pedersen	Drammen Ck	1:46:13,55
	18	65	Øystein	Næss	Asker Ck	1:49:36,52
	19	72	Jon- Anders	Kure	Sarposborg Sykkelklubb	1:49:51,32
	20	70	Erling	Lillelien	SK Ceres	1:49:56,12
	21	83	Aksel	Michelei	Asker Ck	1:52:47,27
	22	85	Viar	Helgesen	Notodden Sykkelklubb	1:52:47,89
	23	71	Steinar	Knutsen	If Frøy	1:56:47,82
	24	73	Ingar	Jensen	If Frøy	1:57:04,45
	25	89	Lars D.	Christensen	Drammen Ck	2:06:25,96
	26	79	Stein Kjetil	Rånes	If Frøy	2:07:07,36
		62	Richard	Jansen	Frikransen	DNF
		80	Christian Stabell	Eriksen	Sagene If	DNF
		63	Arve	Lyngstad	BOC	DNS
<b>VC M45-49</b>	1	95	Fredrik	Løfsgaard	Frogner Sk/team Veolia	1:40:55,13
	2	99	Runar	Sørensen	Notodden SK	1:40:56,53
	3	118	Kjetil	Johansen	Vasranger Sportsklubb	1:40:57,48
	4	114	Svein Erik	Dahl	Smaalenene SK	1:41:07,73
	5	106	Arild	Andersen	Sandefjord Sykkelklubb	1:41:11,60
	6	110	Rune	Holtze Jensen	Moss Ck	1:41:37,87
	7	111	Geir	Kjær	Ullevål Sykkelklubb	1:41:38,69
	8	109	Magne	Haugen	Ålesund Oc	1:41:53,47
	9	91	Øyvind	Berg	Frikransen	1:43:28,55
	10	97	Dagfinn	Mosveen	Asker Ck	1:44:10,37
	11	108	Lars Thomas	Moen	BOC	1:45:54,91
	12	98	Hans Jacob	Nordhov	Gsk	1:45:55,78
	13	103	Tom- Ole	Gundersen	Moss Ck	1:46:02,54

	14	119	Jens	Dahlen	If Frøy	1:46:03,71
	15	93	Runar	Gundersen	BOC	1:46:06,85
	16	116	Tormod	Lysenstøen	Follo SK	1:46:09,18
	17	115	Helge	Mosveen	Asker Ck	1:46:13,45
	18	94	Svein-Are	Hansen	Varanger Sportsklubb	1:49:33,74
	19	107	Geir	Sundin	Ullevål Sykkelklubb	1:49:40,00
	20	117	Per Ivar	Netteberg	Ik Hero	1:49:49,58
	21	100	Tom B.	Mikalsen	Moss Ck	1:49:51,29
	22	105	Odd- Øyvind	Kure	Moss Ck	1:49:59,18
	23	96	Hans	Mjøen	Asker Ck	1:52:47,28
	24	104	Edmund	Langeland	Asker Ck	1:55:09,80
	25	112	Gunnar	Ligaarden	SK Rye	1:56:23,15
	26	102	Helge	Myhrvold	Drammen Ck/ Dt Bil	1:56:59,20
	27	101	Ole- Rikard	Hammen	Asker Ck	1:57:00,80
	28	113	Bård	Mjelve	If Frøy	2:14:19,18
		92	Arne	Frostad	Raumer Rytter SK	DNS
<b>VC M50-54</b>	1	145	Jan	Bodin	If Frøy	1:45:44,79
	2	152	Sturla	Rusånes	SK Rye	1:45:53,45
	3	143	Sven Kristian	Jørgensen	If Frøy	1:46:00,41
	4	148	Knut	Iverby	Ringerike SK	1:46:00,46
	5	135	Jan Tore	Kalvik	BOC	1:46:02,93
	6	134	Sten Ove	Jensen	BOC	1:46:04,16
	7	144	Rune	Vegsundvåg	Raumerrytter	1:46:05,13
	8	139	Per Morten	Jørum	Asker Ck	1:46:15,44
	9	136	Kjell	Kirkeng	Drammen Ck	1:46:25,31
	10	140	Thommy	Flognfeldt	Arvika Is Cykel	1:46:44,61
	11	150	Iver	Johansen	Raumerrytter SK	1:49:46,71
	12	137	Frank	Solberg	BOC	1:54:07,97
	13	133	Geir	Forsberg	Nesodden SK	1:54:41,20
	14	142	Cay Anders	Josefsson	Drammen Ck	1:56:27,04
	15	141	Svein	Aas	Drammen Ck/ Dt Bil	1:56:29,21
	16	147	Lars	Hansen	If Frøy	2:00:20,52
	17	146	Johnny	Hansen	Sarpsborg Sykkelklubb	2:00:34,88
		149	Olav	Langeland	Horten Ock	DNF
		151	Tron	Saastad	Eiker Ck	DNS
		138	Anders	Strømsvåg	Asker Ck	DNS
		132	Oddmund	Brekke	Ringerike Sykkelklubb	DNS
<b>VC M55-59</b>	1	167	Tor Arne	Simonsen	Torshov SK	1:45:59,40
	2	165	Helge	Kjørstad	Hoc	1:46:19,46
	3	162	Arnar	Børildsen	Dalane Sykleklubb	1:54:01,01
	4	166	Oddbjørn	Nilsen	Ceres	1:54:43,27
	5	169	Terje	Erfjord	BOC	1:56:29,45
	6	170	Elling	Hoel	Raumerrytter SK	1:56:29,84
	7	163	Jon Arvid	Fossum	Asker Ck	2:00:26,90
	8	161	Einar	Bråthen	Asker Ck	2:09:39,02
	9	164	Magne Astor	Jenssen	Hoc	2:14:50,49
		168	Vidar	Ski	BOC	DNF
<b>VC M60-64</b>	1	185	Willie Juul	Pedersen	Kloppa Offroadklubb	1:30:18,06
	2	182	Fredrik	Lamo	Torshov SK	1:32:17,56
	3	181	Gunnar	Iverslien	Torshov SK	1:33:51,08
	4	186	Johny	Johannessen	Grimstad SK	1:34:01,27
	5	187	Hans Petter	Guldbrandsen	Drammen Ck	1:36:33,69
	6	183	Harald	Kolsrud	Asker Ck	1:42:05,27
	7	184	Dag Sture Eine	Friis	Frikransen	1:52:57,27
<b>VC M65-69</b>	1	194	Knut	Kvernerud	Hadeland Ck	1:36:46,49
	2	191	Ivar	Westby	Torshov SK	1:37:20,29

	3	192	Arvid	Næss	Bingfoss SK	1:38:41,38
	4	200	Erik	Pettersen	BOC	1:40:37,83
	5	193	Oddbjørn	Jørgensen	Asker Ck	1:40:55,90
	6	195	Tor	Myrseth	SK Rye	1:52:53,60
<b>VC M70+</b>	1	196	Harald	Kvernerud	Asker Ck	1:36:21,30
<b>K30-39</b>	1	227	Anette	Johnsen Hundere	Asker Ck	1:45:39,19
	2	231	Rikke	Haagensen	Moss Ck	1:47:03,42
	3	230	Victoria	Janitz	Moss Ck	1:47:03,81
	4	228	Gro	Haugmo	Moss Ck	1:47:04,75
	5	226	Anne Signe	Been	NOTEAM	1:47:08,38
<b>K40-49</b>	1	215	Anne-Mari	Johansen	Halden CK	1:47:02,94
	2	229	Ragnild	Bye	Moss CK / Team RP	1:47:05,89
<b>M17-19</b>	1	238	Alexander	Moe Lundgreen	Drammen Ck/ Orbea	1:25:05,53
	2	286	Bjørn-Tore	Wik	Team Intersport	1:25:17,77
	3	241	Sindre Trutt	Håkonsen	Hadeland Ck	1:28:27,64
	4	277	Sebastian	Johansen	BOC	1:28:37,59
	5	240	Haakon Garseg	Mørk	Team Sparebank1	1:32:44,25
	6	220	Kim	Nordtorp	Asker Ck	1:34:10,80
	7	281	Eivind Andreas	Røed	Asker Ck	1:38:59,11
	8	288	Karl Frederik Bech	Hovind	SK Rye	1:46:14,92
<b>M20-29</b>	1	246	Lars Petter	Stormo	Team 8848 Kf	1:25:02,05
	2	268	Jarle	Wermaskog	Team 8848	1:25:03,38
	3	287	Lars	Bråten	Drammen Ck	1:25:10,51
	4	244	Thomas	Liebe	If Frøy	1:28:00,19
	5	274	André	Jonassen	SK Rye	1:28:19,96
	6	210	Joachim	De Fine	BOC	1:28:20,59
	7	272	Jan Ruben	Snopestad	Østbygda Sykkelklubb	1:28:32,95
	8	299	Christoffer Garseg	Mørk	Team Sparebank1	1:29:11,79
	9	188	Jostein	Hole	Team 8848 / Fmc Technologies	1:29:34,35
	10	294	Simen	Gjulem	Østbygda II	1:31:10,54
	11	236	Trond	Brenna	Asker Ck	1:31:13,63
	12	295	Hans Alexander	Mangen	Stovnerkameratene	1:31:23,35
	13	296	Stian	Pettersen	SK Rye	1:32:35,83
	14	300	Jostein	Olafsen	Team Sparebank1	1:32:44,15
	15	222	Ole Anders	Kampelien	SK Rye	1:32:45,68
	16	247	Fredrik	Østby	NOTEAM	1:35:34,82
	17	242	Eivind	Carstens	SK Rye	1:39:36,27
	18	206	Stian	Røgeberg	Asker Ck	1:40:22,67
	19	225	Halvor	Ilher	If Frøy	1:40:46,30
	20	267	Anders Fjeld	Meyer	Osi Sykkel	1:43:37,78
	21	283	Jan Fredrik	Tollerud	NOTEAM	1:44:08,86
	22	197	Kristian	Loraas	Frikransen	1:45:49,66
	23	284	Martin	Appel	Asker Ck	1:45:50,33
	24	291	Jørgen	Sundelius	NOTEAM	1:46:12,39
	25	190	Karl	Nordhus	Frikransen	1:46:16,77
	26	232	Frode	Arnesveen	NOTEAM	1:55:29,87
	27	273	Torger Tufte	Jørgensen	NOTEAM	1:58:45,34
	28	218	Marius	Heier	SK Rye	2:35:40,00
		243	Nils Jacob	Fløystad	SK Rye	DNF
		245	Thor Jang	Sletten	NOTEAM	DNS
<b>M30-39</b>	1	189	Knut Jørgen	Hope	SK Rye	1:25:19,51
	2	257	Fredrik	Stormo	Team 8848 Kf	1:28:05,48
	3	209	Stephan Von Der	Lippe	Sykkedelisk	1:28:37,29
	4	233	Mathis	Stokke	Sc Stelvio	1:28:38,21

	5	252	Finn	Hallan	Hadeland Ck	1:28:38,31
	6	253	Marius Kristoffer	Jørgensen	SK Rye	1:28:38,78
	7	256	Erland	Seiersten	Hadeland Ck	1:28:41,05
	8	271	Lukasz	Galka	SK Rye	1:28:47,57
	9	285	Fabrice	Zindy	Team France	1:31:00,84
	10	234	Alexander	Tinholt	Asker Ck	1:31:12,15
	11	279	Ivar	Bjaadal	Asker Ck	1:32:39,30
	12	255	Helge	Klæstad	Hadeland Ck	1:32:54,05
	13	251	Anders	Granheim	Hadeland Ck	1:32:57,14
	14	275	Kristian	Hauglum	SK Rye	1:33:02,31
	15	237	Rune	Johansen	SK Rye	1:33:02,44
	16	221	John Erlend	Laderud	Hadeland Ck	1:35:49,68
	17	249	Per Edvin	Fjeldbu	Hadeland Ck	1:36:49,39
	18	248	Eivind	Fagerhus	Hadeland Ck	1:39:31,90
	19	208	Anders	Holmen	Gardsgutta.com	1:40:44,72
	20	250	Eyvind	Fredriksen	NOTEAM	1:42:07,69
	21	254	Vegard	Karlsen	Drammen Ck	1:46:42,72
	22	280	Bedir	Yiyit	Moss Ch / Team Rp	1:47:12,50
	23	266	Lars Erik	Kindberg	Bravida Follo	1:48:04,53
	24	258	Trygve	Ørjansen	NOTEAM	1:58:44,84
	25	293	Jan- Erik	Degn	Moss Ck	2:35:40,00
<b>M40-49</b>	1	260	Yngve	Brunskow	Hadeland Ck	1:28:38,01
	2	278	Petter	Gunnulfsen	BOC	1:31:14,78
	3	263	Rune	Rikoll	Hadeland Ck	1:31:28,01
	4	276	Roar	Blikken	Kongsberg SK	1:32:52,99
	5	270	Willy	Nordnes	SK Rye	1:32:57,02
	6	223	Arve	Fjell	Røyken Ck	1:32:57,10
	7	297	Tom	Morud	Ullensaker Ck	1:35:58,29
	8	298	Erik	Warhuus	Asker Ck	1:36:08,66
	9	259	Tore	Bergan	NOTEAM	1:38:57,66
	10	264	Lars Olav	Skårberg	SK Rye	1:38:57,73
	11	224	Vidar	Brenden	Røyken Cykleklubb	1:39:05,66
	12	198	Hans Erik	Standal	Asker Ck	1:42:33,90
	13	261	Roar	Børmarken	Hadeland Ck	1:44:13,14
	14	235	Claus	Nissen	Eiker Ck	1:45:54,53
	15	282	Stein	Hemma	NOTEAM	1:46:18,57
	16	239	Thor- Kr.	Sundquist	NOTEAM	1:46:51,28
	17	292	Ulf-Christian	Dahle	Moss Ck	1:47:12,61
	18	269	Roger	Jacobsen	NOTEAM	1:47:13,81
	19	290	Jostein	Birkelund	Asker Ck	1:59:16,60
	20	265	Børge	Thue	NOTEAM	2:02:21,25
	21	262	Kjetil	Larsen	NOTEAM	2:07:59,13
<b>M50-59</b>	1	199	Ingar	Kristoffersen	Eiker Ck / Okk-Bil	1:32:46,04
	2	131	Sverre	Berg	Hadeland Ck	1:44:12,22
	3	289	Harald	Hovind	SK Rye	1:47:43,66
<b>M60-69</b>	1	207	Klaus	Eriksrud	Drammen Ck	1:46:29,91

Oppdatert 22.05.2009 kl. 18:39